



McCallister Foot & Ankle
29099 Health Campus Dr. Suite 290
Westlake, OH 44145
(440) 243-6660

Ingrown Toenail Removal Follow Up

- Keep current dressing intact until later tonight or tomorrow.
- After showering, remove current dressing.
- Soak foot in warm water and Epsom salts or warm water mixed with a cup of white vinegar.
- Thoroughly dry and apply a dry band-aid. If you wish to use a topical antibiotic (nesosporin, bacitracin, etc) apply very thin layer.
- Soak foot and apply band-aids daily for 2 weeks.
- If any signs of infection present/worsen (ie: redness streaking up the foot, pus, etc), call the office immediately.